



Hot Spot Journal's Neighbor of the Month



Pam Gilchrist
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Area Couple Hopes Their Church Can Bring the Community Together

By Pam Gilchrist

When Mark and Shannon Krenz moved to the San Tan area in 2005, they did not know anyone. But they did arrive with a purpose—to serve the community and provide a place where people can become connected with each other and with faith. That place took shape in the form of ONE Community Church, which recently celebrated its one year anniversary.

“We look for people who are disconnected with faith and church,” said Mark, who serves as ONE’s lead pastor. “We want to be approachable for them. We’re a church for people who don’t like church.”

Mark and Shannon met during a mission trip in Costa Rica. “It was a beautiful place to fall in love,” Shannon said. The couple married in 1999 and lived in Indiana until they made the move to Arizona.

Mark said that they first heard of the growing area southeast of Phoenix from a developer in Copper Basin. The Krenzes felt drawn to the task of starting a church in the area and drawing the community together. “And,” Mark added, “Shannon really likes the sun.”

ONE Community Church held its first official service on

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January 21, 2007 at San Tan Flat Restaurant. About 200 people attended, despite very cold weather. In April 2007, ONE moved indoors at Mountain Vista K-8. Mark said that the church averages 130-140 attendees. “We get a variety of ages,” he said, “And many young families...And it’s cool to hear the stories of people [who come to ONE] who hadn’t been going to church in awhile.” Mark added that the church is considering starting a second service and recently hired a children’s director.



The Krenz family from left to right: Miana, Mark, Shannon, and Keira.

the family enjoys music and outdoor activities, including skiing. They are also fans of the TV show “Lost” and “The Office.”

Mark feels that the San Tan area has the potential to be one of the best communities in the area, and he hopes to see its residents embrace that. He and his family are happy to be part of that process. “We’re having fun,” he said.

For more information on Mark and ONE Community Church, check out www.discoverONE.net.

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Internal Medicine Physician Arrives in Queen Creek

Special Community Announcement from Hot Spot Journal editor, Patricia Sheppard

Queen Creek welcomes a new Internal Medicine Physician, Dr. Frederic Luo, MD. After completing his master’s degree from Stanford University, Dr. Luo says he went to medical school at University of Wisconsin. The son of two physicians, a general surgeon and an internist, Dr. Luo was raised in Milwaukee, Wisconsin. After he finished medical school, Dr. Luo trained in one of the top internal medicine residency programs in the country – Rush Presbyterian St. Luke’s Medical Center in Chicago. According to Dr. Luo, Rush Presbyterian has recently been ranked the most prestigious medical facility in the USA by AARP magazine. Dr. Luo has been in practice over ten years, specializing in the diagnosis and non-surgical treatment of diseases in adult patients.

As an internist, Dr. Luo says he uses more than just traditional medical techniques. As destiny would have it, while Dr. Luo’s parents were trained as physicians in Western medicine, they also learned Chinese medicine techniques, including the use of herbs and acupuncture. Growing up in this unique environment, Dr. Luo learned to utilize the best of both schools of medicine. He says his unique, integrated approach can relieve the symptoms of many diseases that are not completely understood and do not always respond to traditional treatments. For this reason, Dr. Luo takes the time to explain to his patients all of their treatment options.

Dr. Luo is taking new patients and offering same day appointments. He is located in the heart of downtown Queen Creek at Queen Creek Town Center (Ellsworth & Sierra Park, Close to the San Tan area). See ad below for details.

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